14.
$$a.$$
 $\lim_{x\to 0} \frac{x^2}{\cos x} = 0$ This one's just a plug-and-chug.

b.
$$\lim_{x \to 0} \frac{\sin^{-1}(3x)}{4x} = \lim_{x \to 0} \frac{\frac{1}{\sqrt{1 - (3x)^2}}(3)}{4} = \frac{3}{4}$$
 This one uses l'Hôpital's Rule.

c.
$$\lim_{x \to 4} \frac{x^2 - 2x - 8}{x^2 - 16} = \lim_{x \to 4} \frac{(x - 4)(x + 2)}{(x - 4)(x + 4)} = \lim_{x \to 4} \frac{x + 2}{x + 4} = \frac{6}{8} = \frac{3}{4}$$
 The ol' "factor and cancel" trick!

$$d. \qquad \lim_{x \to -3} \left(\frac{5 - \sqrt{x^2 + 16}}{x + 3} \right) \left(\frac{5 + \sqrt{x^2 + 16}}{5 + \sqrt{x^2 + 16}} \right) = \lim_{x \to -3} \frac{25 - (x^2 + 16)}{(x + 3)(5 + \sqrt{x^2 + 16})} = \lim_{x \to -3} \frac{9 - x^2}{(x + 3)(5 + \sqrt{x^2 + 16})}, \text{ and we}$$

$$\text{can now factor the numerator: } \lim_{x \to -3} \frac{(3 - x)(3 + x)}{(x + 3)(5 + \sqrt{x^2 + 16})} = \lim_{x \to -3} \frac{3 - x}{5 + \sqrt{x^2 + 16}} = \frac{6}{10} = \frac{3}{5}.$$

14. (On page 2)
$$v(t) = 6t^2 + 6t + 1$$

a. Average acceleration is
$$\overline{a} = \frac{v(2) - v(0)}{2 - 0} = \frac{37}{2} = 18 \frac{1}{2} \frac{\text{cm}}{\text{sec}}$$
.

b. Instantaneous acceleration requires the derivative:
$$a(t) = \frac{dv}{dt} = 12t + 6$$
, so $a(2) = 30$ cm per second.

c. Total displacement is an integral:
$$\int_{0}^{2} (6t^{2} + 6t + 1) dt = (2t^{3} + 3t^{2} + t)|_{0}^{2} = 16 + 12 + 2 = 30 \text{ cm}.$$

15.
$$f(x) = 2\sin x + 2\cos x$$
, so $f'(x) = 2\cos x - 2\sin x$. Setting this to zero, we find critical numbers: $2\cos x - 2\sin x = 0 \Rightarrow \cos x = \sin x$. The only place this happens between 0 and $\frac{\pi}{3}$ is at $\frac{\pi}{4}$, so that is our only critical number. Then, we test the two endpoints of the interval, and the critical number, back in the original. $f(0) = 2\sin 0 + 2\cos 0 = 2$, while $f\left(\frac{\pi}{3}\right) = 2\sin\left(\frac{\pi}{3}\right) + 2\cos\left(\frac{\pi}{3}\right) = 2\left(\frac{\sqrt{3}}{2}\right) + 2\left(\frac{1}{2}\right) = \sqrt{3} + 1$.

Finally,
$$f\left(\frac{\pi}{4}\right) = 2\sin\left(\frac{\pi}{4}\right) + 2\cos\left(\frac{\pi}{4}\right) = 2\left(\frac{\sqrt{2}}{2}\right) + 2\left(\frac{\sqrt{2}}{2}\right)$$
, which is $2\sqrt{2}$. Since we are given that $\sqrt{2} \approx 1.414$, $2\sqrt{2} \approx 2.828$, and since $\sqrt{3} \approx 1.732$, $\sqrt{3} + 1 \approx 2.732$, and we can compare these. So our absolute min is $(0, 2)$, and the absolute max is $\left(\frac{\pi}{4}, 2\sqrt{2}\right)$.